



PR Pre-registered

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				6.30 - 7:45am Early Morning Vinyasa w/ Jonathan PR		11-12:30am Vinyasa Flow 1 W/ Po
9:30-11am Yoga Bootcamp PR		9.30 - 11am Yoga Bootcamp PR	1-2:30pm Level 1,2 w/ Kathleen	9:30-10:30am Pilates PR	9:30-11am Beginners w/ Rebecca	2-3:30pm Yoga for Athletes starts Jan24th PR
	1-2:30pm Level1,2 w/ Kathleen	4:30-5:30pm Kids Yoga (6-11) w/ Jessica PR	6 - 7.20pm Beginners Flow w/Jonathan	12:15-1:15pm Power Hour w/ Jonathan	9:30-11am Beginners Wksp PR	4-5:30pm Vinyasa Flow 1 with Elke*
6-7:20pm Yoga Drum 1,2 w/ Suz	6 - 7.20pm Yoga Bootcamp w/ Jonathan	6-7:20pm Gentle Flow w/ Jonathan	6:15-7:30pm Prenatal PR	6 - 7.30pm Level 1,2 w/ Livia	11:15-12:30pm Yoga Bootcamp W/ Jonathan	
7:30-9pm Vinyasa Flow 1 w/ Suz	7:30-9pm Beginners WKSHP PR	7:30-9pm Vinyasa Flow 1 w/ Kathleen	7:30-9pm Vinyasa Flow 1 w/ Eroca		11:15-12:30pm Prenatal PR	
7:30 - 9 pm Beginners Flow w/ Jonathan	7:30-9pm Beg/Level 1 w/ Po		7:30-9pm Beginners Wksp PR			